



ZANA SPA

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SPA PACKAGES

REVITALIZING PACKAGE 210 MINUTES 9,300.- THB

THIS ULTIMATE PAMPERING SESSION THAT COMBINES RICE FOR LIFE BODY SCRUB AND RICE FOR LIFE BODY TREATMENT FOLLOWED BY ANGEL TOUCH MASSAGE AND QI EXTRA MOISTURIZING FACIAL. AN AROMA FORMING BATH COMPLETES THIS SURREAL EXPERIENCE.

- HERBAL FOOT RITUAL
- RICE FOR LIFE BODY SCRUB
- RICE FOR LIFE BODY TREATMENT
- REFRESHING FORMING BATH
- ANGEL TOUCH MASSAGE
- QI EXTRA MOISTURIZING FACIAL
- REFRESHMENT

BLISSFUL PACKAGE 180 MINUTES 7,500.- THB

A PERFECT WAY OF RELAXATION, THIS TREATMENT WILL CREATE SILKY SKIN WHILE MASSAGE TECHNIQUE PROMOTES INVIGORATING AND STIMULATES MUSCLES. THE FACIAL TREATMENT LEAVES SOFT FEELING ON SKIN.

- HERBAL FOOT RITUAL
- SOYBEAN COCONUT BODY SCRUB
- REFRESHING FORMING BATH
- SWEDISH MASSAGE
- QI BALANCING COMBINATION FACIAL
- REFRESHMENT



SPA PACKAGES

ENERGIZING PACKAGE 150 MINUTES 4,700.- THB

THE ENERGIZING TREATMENT WILL PURIFIED SKIN LOOKS RESPLENDENT AND HELPFUL FOR RELIEVE TENSION AND EASE STRESS.

- HERBAL FOOT RITUAL
- HIMALAYAN SALT SCRUB
- ENERGIZING FORMING BATH
- DEEP TENSION RELIEF MASSAGE
- REFRESHMENT

INDULGENCE PACKAGE 120 MINUTES 3,600.- THB

TO INDULGE YOURSELF BY SELECTING YOUR OWN BODY SCRUB AND BODY MASSAGE. THIS REVITALIZING TREATMENT WILL PROVIDE A SENSE OF RENEWAL FOR YOUR BODY AND SOFTENS YOUR SKIN.

- SELECTION OF BODY SCRUB 60 MINUTES
- SELECTION OF BODY MASSAGE 60 MINUTES
- HERBAL FOOT RITUAL
- REFRESHMENT

FULL BODY MASSAGES

NUAD PRA KOB 120 MINUTES 3,000.- THB

(MODERATE PRESSURE TO DEEP PRESSURE)

THAI HERBAL COMPRESS IS AN ANCIENT HEALING TECHNIQUE THAT DATES BACK NEARLY 5,000 YEARS, THIS UNIQUE TREATMENT PROVIDES DEEP RELAXATION WHILE RELIEVE PAIN AND STRESS. A SELECTION OF THERAPEUTIC HERBS (ZINGIBER CASSUMUNAR, KAFFIR LIME, CAMPHOR, TAMARIND, LEMONGRASS, TURMERIC, ACACIA CONCINNA, BORNEO CAMPHOR, SALT) ARE WRAPPED IN A MUSLIN COMPRESS, STEAMED AND APPLIED TO THE BODY IN GENTLE PRESSING, CIRCULAR AND ROLLING MOVEMENT.

-HEATED AROMATIC POULTICES OF HERBS NOT SUITABLE FOR SUN BURN SKIN.

THAI BORAN 60 MINUTES 1,800.- THB

(WITHOUT OIL) 90 MINUTES 2,400.- THB

THIS ANCIENT HEALING MASSAGE COMBINING ACUPRESSURE, INDIAN AYURVEDIC PRINCIPLES, AND ASSISTED YOGA POSTURES INCLUDES RHYTHMIC PRESSING AND STRETCHING OF THE ENTIRE BODY.

ANGEL TOUCH 60 MINUTES 2,200.- THB

(LIGHT PRESSURE) 90 MINUTES 2,900.- THB

EXPERIENCE A RELAXING MASSAGE WITH THE SPECIAL BLEND OILS OF YOUR CHOICE. SCENT OF NATURAL AROMA WILL DE-STRESS, BALANCE BODY & MIND AND TRANSPORT YOU TO A TRANQUIL STATE OF PEACE.



FULL BODY MASSAGES

SWEDISH **60 MINUTES** **2,200.- THB**
(MODERATE PRESSURE) **90 MINUTES** **2,900.- THB**

A CLASSIC MASSAGE WAS DEVELOPED IN THE 1700'S BY SWEDISH DOCTOR NAMED PEHR HENRIK LING. THIS MASSAGE PROMOTES INVIGORATING, RELAXATION AND STIMULATES MUSCLES. IT IS AN EXCELLENT WAY TO HELP RID THE BODY OF TENSION AND CREATES A SENSE OF OVERALL WELL-BEING.

DEEP TENSION RELIEF **60 MINUTES** **2,200.- THB**
(DEEP PRESSURE) **90 MINUTES** **2,900.- THB**

THIS DEEP PRESSURE MASSAGE FOCUSES ON REALIGNING DEEPER LAYERS OF MUSCLE AND CONNECTIVE TISSUE. IT IS ESPECIALLY HELPFUL FOR RELIEVE TENSION AND EASE STRESS BY USING DEEP PRESSURE, SLOW AND LONG FIRM STROKES.





MASSAGE FOCUS

ANTI-STRESS HEAD & SHOULDER MASSAGE	30 MINUTES	1,200.- THB
BACK ENERGY MASSAGE	30 MINUTES	1,200.- THB
SIAM FOOT MASSAGE	30 MINUTES	1,200.- THB

BODY SCRUBS



RICE FOR LIFE BODY SCRUB

45 MINUTES

1,700.- THB

THE POWERFUL SRI NIN AND JASMINE RICE SCRUBS WHEREAS THE ANTI-OXIDANT, HELPS TO PREVENT AGEING FORMATION. THE SKIN RENEWAL CYCLE IS GENERATED WITH THE MOISTURE REPLENISHING ORGANIC SHEA BUTTER COMBINED WITH JASMINE ESSENTIAL OILS. LIKE REBORN JUST AFTER ONE TREATMENT.

SOYBEAN COCONUT BODY SCRUB

45 MINUTES

1,700.- THB

THE HEALTHY BLENDED OF SOYBEAN OIL AND COCONUT CREATES SILKY SKIN AND SMOOTH TOUCH. IT ALSO HELPS TO KEEP EMOTIONAL CONNECT WITH YOUR BODY.

HIMALAYAN SALT SCRUB

45 MINUTES

1,700.- THB

ENRICHED WITH THE MINERALS ABOUT 48 TYPES ESSENTIAL TO SKIN FUNCTIONS, HIMALAYAN SALT CREATES "VACUUM EFFECT" VIA THE TINY ELECTRICAL IMPULSE THUS PLAYS THE MAJOR ROLE OF DETOXIFICATION AND REJUVENATION. ITS IMMEDIATE EFFECT, THE PURIFIED SKIN LOOKS RESPLENDENT AND REBORN WITH ITS SILKY SMOOTHNESS AND RADIANCE RESTORE.



TROPICAL FRUIT BODY SCRUB

45 MINUTES

1,700.- THB

A BLEND OF FRUIT EXTRACT, ITS UNIQUENESS IS ABUNDANCING OF AHA ACID WHICH IS EXCELLENT FOR SKIN WHITENING AND ALSO HELPS TO BALANCE SKIN'S NATURAL PH LEVEL. AROMA BLEND OILS COMPLEMENT THE RICHNESS OF THE FRUIT EXTRACT GIVES A DISTINCTLY FRUITY FEEL.

COFFEE BODY SCRUB

45 MINUTES

1,700.- THB

THIS TREATMENT IS RECOMMENDED FOR THE PERSON WHO HAS NORMAL SKIN. A COFFEE IS RICH IN AROMA. IT STIMULATES BLOOD CIRCULATION, HIGHLY ENERGIZING AND REVITALIZE SKIN'S NATURAL GLOW.



BODY TREATMENTS



SUN KISS BODY TREATMENT 60 MINUTES 1,900.- THB

ALOE VERA IS A PERFECT SOURCE FOR SUNBURN THERAPY, COMFORTS WOUNDS, REDUCES SCARS AS WELL AS ENCOURAGING SKIN REJUVENATING BY BRINGING OXYGEN TO CELL. ITS INCREASES SYNTHESIS AND STRENGTHENS SKIN.

RICE FOR LIFE BODY TREATMENT 60 MINUTES 1,900.- THB

THE COCKTAIL OF AUTHENTIC ORGANIC ESSENTIAL OILS DELIVER THE AROMATHERAPY EFFECT IN ENERGIZING AND BALANCING, ALSO THE COMBINATION OF BENTONITE AND WHITE CLAY DRAMATICALLY HELPS BOOST RESILIENCE, VISIBLE REVERSE SKIN TONES DAMAGES, RESTORE TRANSPARENCY AND FADE AWAY ALL TYPE OF DARK SPOTS.

MYANMAR THANAKA BODY TREATMENT 60 MINUTES 1,900.- THB

THE USE OF THANAKA PLANT IS THE RITUAL OF MYANMAR'S TRADITIONAL BEAUTY SECRET FOR GLOWING AND BRIGHTENING SKIN, ANTI-AGING BENEFITS ENRICH THE ETERNAL RADIANT.

DEAD SEA MUD BODY TREATMENT 60 MINUTES 1,900.- THB

SPECIAL FORMULATION FOR ITS OUTSTANDING DETOXIFYING PROPERTY, VITAMIN E IS NOURISHING. LEAVE SKIN SOFT AND SUPPLE WITHOUT GREASY FEELING. NATURAL AROMA OF LAVENDER AND CHAMOMILE HELP TO NEUTRALIZE THE SCENT OF DEAD SEA MUD AND ENSURING RELAXING SENSES.



FACIAL TREATMENTS

QI SENSITIVE SKIN TREATMENT 60 MINUTES 3,000.- THB

HELPING IMPROVE AND BALANCE THE PH LEVEL OF SKIN WITH THE LOTION MASK. PROTECTING SKIN AGAINST OXIDATION WITHOUT ANY ALLERGY, ALLEVIATING THE FATIGUE OF SKIN.

QI EXTRA MOISTURIZING TREATMENT 60 MINUTES 3,000.- THB

HELPING ENHANCE BLOOD CIRCULATION. ALLEVIATING EXCESS SKIN-SURFACE CELLS WITH THE KIND OF MASK PROVIDING SKIN WITH MOISTURE. PROVIDE DEWY MOISTURE TO KEEP SKIN FIRM, SOFT AND RESILIENT.

QI SEBUM CONTROL TREATMENT 60 MINUTES 3,000.- THB

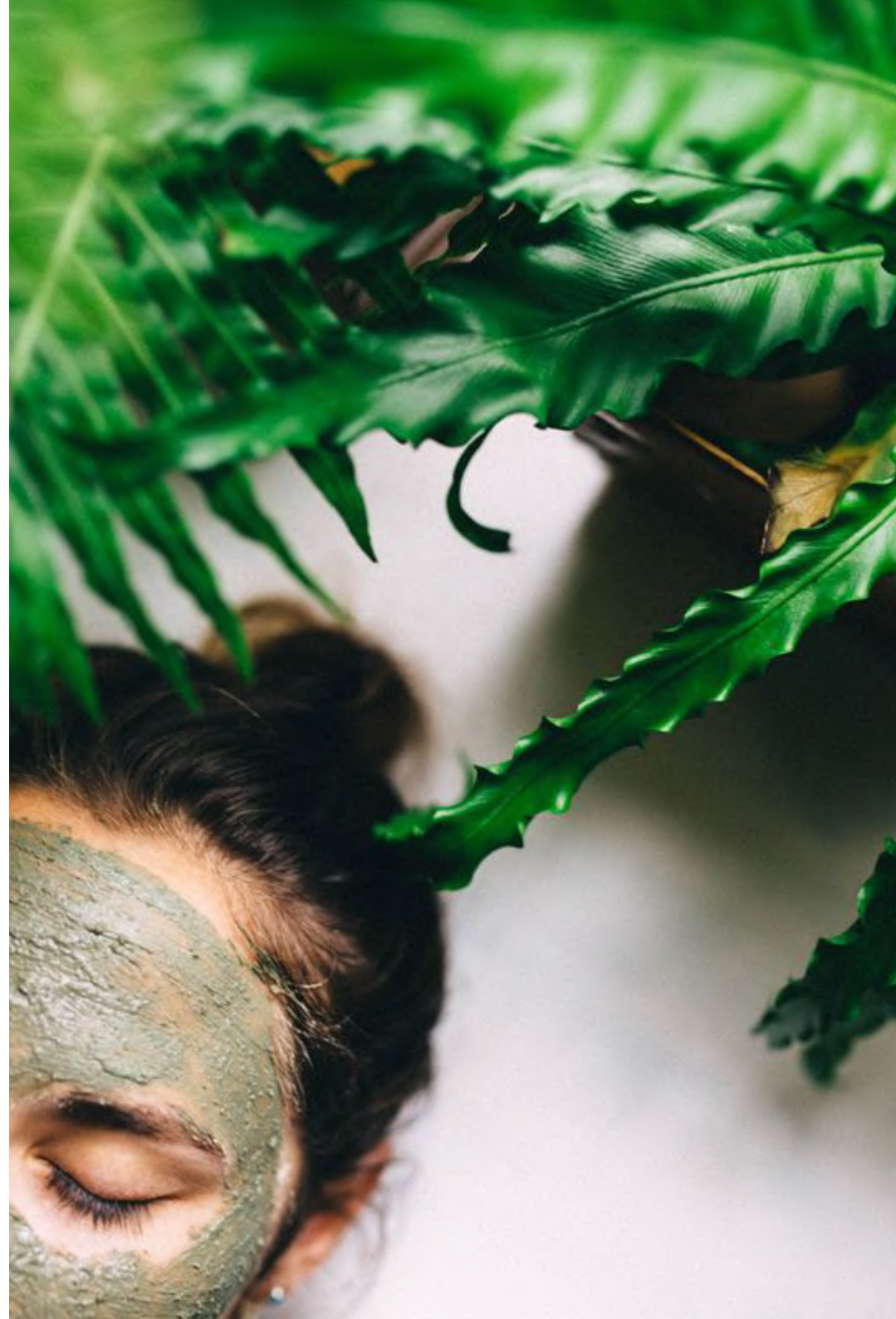
HELPING NORMALIZE CELL TURNOVER AND PREVENT THE EXCRETION OF SEBUM, CONTROL SKIN GREASY LEVEL AND PREVENT THE GROWTH ACNE BY USING SPECIALIZED MASK TO ALLEVIATE GREASE AND DIM DARK TRACES LEFT BY ACNE. PROVIDING CLEAN, FRESH AND SOFT FEELING ON SKIN.

QI BALANCING COMBINATION TREATMENT 60 MINUTES 3,000.- THB

ENHANCING PHYSIOLOGICAL FUNCTIONS OF SKIN. PRODUCING A BRIGHT, SOFT AND RESILIENT SKIN.

QI REJUVENATING TREATMENT 90 MINUTES 4,000.- THB

PROTECTING AGAINST DARK MARKS, FRECKLES AND DULL AREAS ON SKIN WITH A SPECIAL CLEANSING WITH SCRUB AND COOL MASK COMBINED WITH SEA PLANTS EXTRACT, HELPING BALANCE MELANIN PIGMENT. PRODUCING A SMOOTH AND RADIANT SKIN.



HYDROTHERAPY

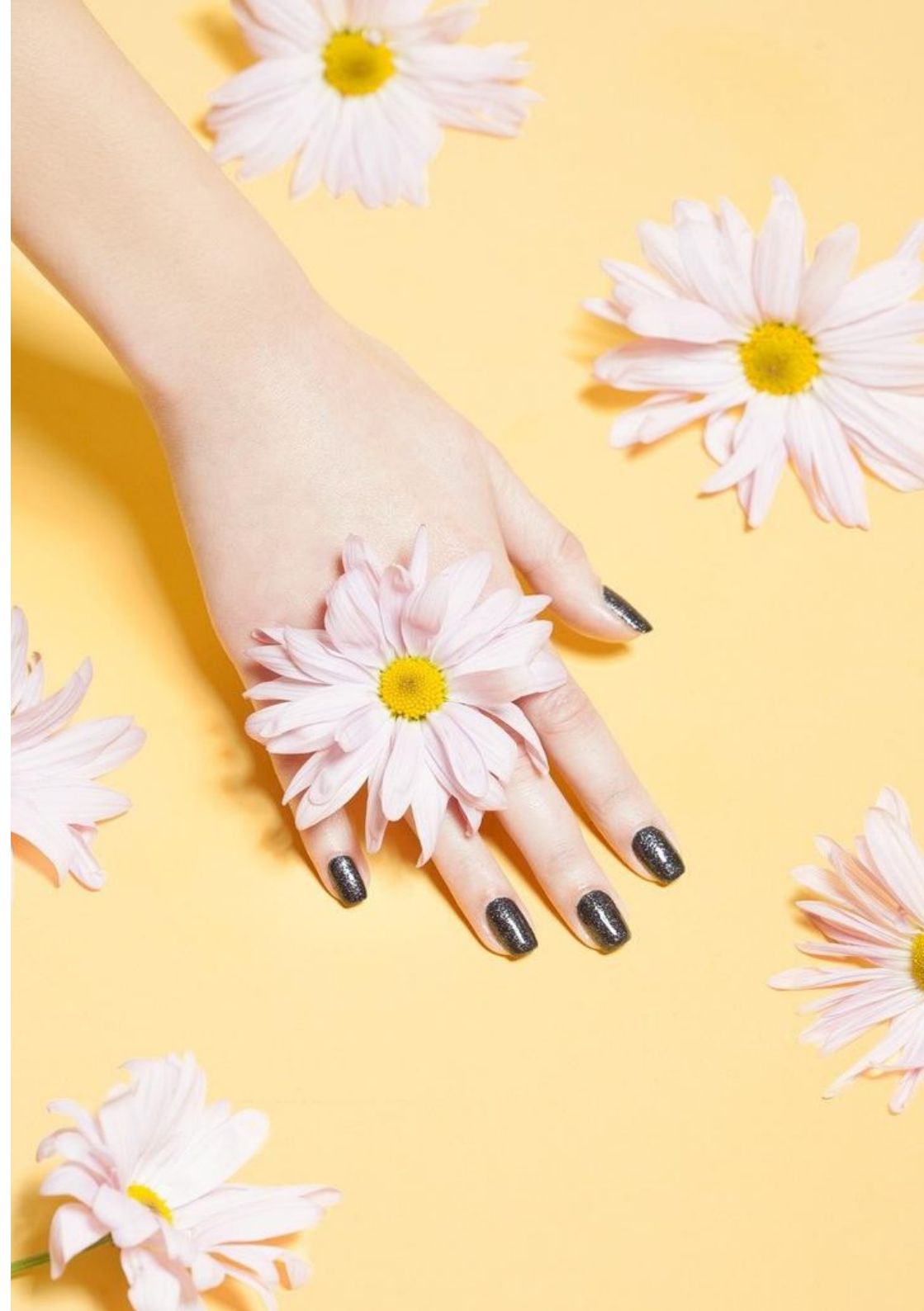
- VICHY SHOWER THERAPY** 30 MINUTES 1,200.- THB
- HYDROSWISS SHOWER** 30 MINUTES 1,200.- THB
- ENERGIZING FORMING BATH** 30 MINUTES 1,200.- THB
- REFRESHING FORMING BATH** 30 MINUTES 1,200.- THB



MANICURE PEDICURE

MANICURE	700.- THB
PEDICURE	800.- THB
MANICURE & PEDICURE	1,400.- THB
NAIL POLISH	400.- THB

ANOTHER WAY TO RELAX IS TO LET THE PROFESSIONAL. MANICURIST /
PEDICURIST TAKE CARE OF YOUR NAILS



SPA ETIQUETTE



ETIQUETTE:

TO MAINTAIN A RELAXING ENVIRONMENT SO GUESTS CAN ENJOY THE PEACEFUL SANCTUARY OF [ZANA SPA](#), WE REQUEST THAT VISITORS KEEP NOISE TO A MINIMUM. CHILDREN ARE NOT ALLOWED AT THE SPA UNLESS THEY ARE HAVING A TREATMENT, ACCOMPANIED BY AN ADULT. CELLULAR PHONES AND ELECTRONIC DEVICES ARE DISCOURAGED AND ON SILENT MODE.

ATTIRE:

PLEASE ARRIVE AT THE SPA WEARING COMFORTABLE, LIGHT CLOTHING OR A BATHROBE. DISPOSABLE UNDERGARMENTS ARE AVAILABLE AND MUST BE WORN DURING SPA TREATMENTS.

RESERVATIONS:

ADVANCED BOOKINGS PRIOR TO YOUR ARRIVAL ARE RECOMMENDED TO SECURE YOUR PREFERRED DATE AND TIME OF TREATMENT. FOR EXTERNAL GUEST, A CREDIT CARD NUMBER IS REQUIRED AT THE TIME OF BOOKING FOR A CONFIRMED APPOINTMENT.

CHECK-IN:

PLEASE ARRIVE AT LEAST 15 MINUTES PRIOR TO YOUR SCHEDULED TREATMENT TO AVOID REDUCED TREATMENT TIMES. A LATE ARRIVAL WILL RESULT IN A SHORTENED TREATMENT TO ACCOMMODATE OTHER GUESTS.

SPA TREATMENT HOURS:

THE SPA IS OPEN FROM 10AM TO 8PM DAILY. LAST TREATMENT FINISHES AT 8 PM.



SPA ETIQUETTE

SPECIAL CONSIDERATION:

GUEST WHO HAVE HIGH BLOOD PRESSURE, HEART CONDITIONS, PREGNANT OR HAVE ANY OTHER MEDICAL COMPLICATIONS ARE ADVISED TO CONSULT THEIR DOCTORS BEFORE SIGNING UP FOR ANY SPA SERVICES. PLEASE MAKE YOUR SPA THERAPIST AWARE OF ANY MEDICAL CONDITIONS.

CANCELLATION POLICY:

A 24-HOUR CANCELLATION NOTICE IS REQUIRED TO HELP US RE-SCHEDULE YOUR APPOINTMENT, SUBJECT TO SPACE AVAILABILITY. ANY CANCELLATION WITH LESS THAN 4 HOURS' NOTICE WILL INCUR A 50% CANCELLATION FEE. A FULL FEE WILL BE IMPOSED FOR A "NO-SHOW".

VALUABLES:

A BOX FOR VALUABLES IS PROVIDED IN THE TREATMENT ROOMS, BUT WE RECOMMEND THAT NO JEWELRY BE WORN AT THE SPA. THE MANAGEMENT AND STAFF ACCEPT NO RESPONSIBILITY FOR THE LOSS OF MONEY OR VALUABLES OF ANY KIND BROUGHT INTO THE SPA PREMISES.

REFUND POLICY:

TREATMENTS PACKAGES ARE NON-REFUNDABLE. UNUSED PORTION OF THE PACKAGES ARE NON-TRANSFERABLE OR NON-EXCHANGEABLE.

PAYMENT:

WE ACCEPT CASH AND ALL MAJOR CREDIT CARDS. PAYMENT MAY ALSO BE CHARGED TO THE ROOM. ALL PRICES ARE QUOTED IN THAI BAHT. PRICES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.





